

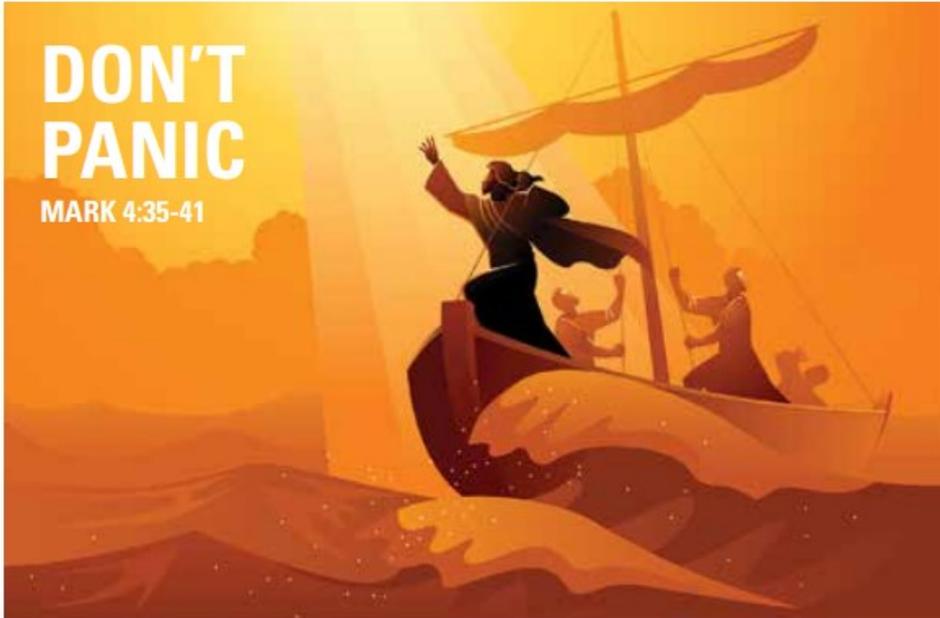
Sunday Message

THE WORD

Year B • Psalter Week 4

DON'T PANIC

MARK 4:35-41



Imagine the disciples' panic. There they are in the boat when a storm begins to rage. It's so bad the boat is in danger of sinking, and they are full of fear. All seems lost...

Meanwhile Jesus, there in the boat with them, is fast asleep. Mark gives us the little detail that "his head [was] on the cushion" – it almost seems like a personal reminiscence. In their fear and panic, the disciples wake him up: "Master, do you not care? We are going down!"

When Jesus wakes, first of all he tells the wind and the sea to "Be calm!" Immediately the wind drops and the waves become calm. Then he rebukes the disciples for their lack of faith. They are amazed. "Who can this be?" they ask each other.

For us, the message is clear: the boat represents the Church, and the disciples represent all believers, while the storm represents the difficulties and doubts the Church is facing. Only when they let go of fear and trust in him do the disciples recognise who Jesus truly is and his power to save them. Trust in Jesus can overcome all our fears. ■

REFLECT

Almost 33 years ago I began my career as a Redemptorist parish missionary. I gave missions throughout Ulster and north Leinster, and spoke from a lot of pulpits. I loved it. Churches were full, people were enthusiastic, the buzz was wonderful. In my sermons I lauded people for their centuries-long fidelity to the Church and encouraged them to do even better. While vocations and church attendance were beginning to fall, the future seemed bright. All appeared tranquil, at least on the surface. I had no idea of the violent storms that lay just ahead.

Then, suddenly, in the space of a few years, scandals and crises began to

engulf the Church and it found itself in the eye of a terrible unrelenting storm, waves crashing against it from every side. Revelations of sex abuse and other scandals shook people to the core. Catholics began to abandon the practice of the faith, while an aggressive secularism found new strength.

Preaching parish missions became more challenging. I had to rewrite my sermons. I felt seasick.

But the storm had been brewing for a long time. The Church had big problems long before the abuse scandals came along. It was too priest-centred and clerical. It failed to make use of the talents

DO

All kinds of storms can upset the equilibrium of our lives. Think about how you cope with major crises or setbacks. Do you deal with them constructively? Is there somebody you can turn to for support? Do you know anybody who might need your support right now?

SAY

"Lord, help us to trust in you. Strengthen our faith so that we can speak your truth without fear. Amen."

PRAY

Pray for the Pope and for all in authority in the Church. Ask the Holy Spirit to help them steer the Church with confidence and courage through the many storms it encounters.

LEARN

As Christians, we know that Jesus is with us in the midst of the storms in which we find ourselves. But he is more than with us; he calls on us to face those storms. What might facing the storms mean today? It means speaking truth to power in the Church and doing so in love. It means trusting totally in Jesus. It means letting go of fear. It means being ready to venture everything on Jesus' word.

of lay people. It didn't encourage an adult faith. It allowed a whole generation of young people to be lost. It was too complacent, too casual, too smug, rather like the crew of the *Titanic* on its maiden voyage. And so it was left shocked and stricken by the storm when it broke, just like the apostles in today's Gospel.

Jesus challenges us to face today's storms head-on, to place our faith and trust in him, knowing that with him we will be safe, but without him all will be lost. ■

ENTRANCE ANTIPHON

The Lord is the strength of his people,
a saving refuge for the one he has anointed.
Save your people, Lord, and bless your
heritage,
and govern them for ever.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;

you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

Grant, O Lord,
that we may always revere and love your
holy name,
for you never deprive of your guidance
those you set firm on the foundation of your
love.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING

Job 38:1. 8-11

A reading from the book of Job.

From the heart of the tempest the Lord gave
Job his answer. He said:

Who pent up the sea behind closed doors
when it leapt tumultuous out of the womb,
then I wrapped it in a robe of mist
and made black clouds its swaddling bands;
when I marked the bounds it was not to
cross
and made it fast with a bolted gate?
Come thus far, I said, and no farther:
here your proud waves shall break.

The word of the Lord.

Thanks be to God.

PSALM

Psalm 106

Response:

**O give thanks to the Lord,
for his love endures for ever.**

or

Alleluia!

- Some sailed to the sea in ships
to trade on the mighty waters.
These men have seen the Lord's deeds,
the wonders he does in the deep. (R.)

- For he spoke; he summoned the gale,
tossing the waves of the sea
up to heaven and back into the deep;
their soul melted away in their distress.
(R.)
- Then they cried to the Lord in their need
and he rescued them from their distress.
He stilled the storm to a whisper:
all the waves of the sea were hushed. (R.)
- They rejoiced because of the calm
and he led them to the haven they desired.
Let them thank the Lord for his love,
the wonders he does for men. (R.)

SECOND READING 2 Corinthians 5:14-17

A reading from the second letter of St Paul to
the Corinthians.

The love of Christ overwhelms us when we
reflect that if one man has died for all, then
all men should be dead; and the reason he
died for all was so that living men should live
no longer for themselves, but for him who
died and was raised to life for them.

From now onwards, therefore, we do not
judge anyone by the standards of the flesh.
Even if we did once know Christ in the flesh,
that is not how we know him now. And
for anyone who is in Christ, there is a new
creation; the old creation has gone, and now
the new one is here.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

**May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds
for us.**

Alleluia!

GOSPEL

Mark 4:35-41

A reading from the holy Gospel according to
Mark.

With the coming of evening, Jesus said to
his disciples, "Let us cross over to the other
side." And leaving the crowd behind they
took him, just as he was, in the boat; and
there were other boats with him. Then it
began to blow a gale and the waves were
breaking into the boat so that it was almost
swamped. But he was in the stern, his head
on the cushion, asleep. They woke him and
said to him, "Master, do you not care? We are
going down!" And he woke up and rebuked
the wind and said to the sea, "Quiet now! Be
calm!" And the wind dropped, and all was
calm again. Then he said to them, "Why are
you so frightened? How is it that you have
no faith?" They were filled with awe and said
to one another, "Who can this be? Even the
wind and the sea obey him."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,**

**born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

(all bow during the next three lines)

**and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.**

PRAYER OVER THE OFFERINGS

Receive, O Lord, the sacrifice of conciliation
and praise
and grant that, cleansed by its action,
we may make offering of a heart pleasing to
you.

Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

**The eyes of all look to you, Lord,
and you give them their food in due season.**

PRAYER AFTER COMMUNION

Renewed and nourished
by the Sacred Body and Precious Blood of
your Son,
we ask of your mercy, O Lord,
that what we celebrate with constant
devotion
may be our sure pledge of redemption.
Through Christ our Lord.

Amen.

You say grace before meals. All right. But I
say grace before the concert and the opera,
and grace before the play and pantomime,
and grace before I open a book, and grace
before sketching, painting, swimming,
fencing, boxing, walking, playing, dancing
and grace before I dip the pen in the ink.

GK Chesterton

Our Lady & St Edmund of Abingdon

1 Radley Rd, Abingdon on Thames, Oxon, OX14 3PL

We are a *LiveSimply* parish aiming to live Simply, Sustainably and in Solidarity with the Poor

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Parish Secretary: Lisa Paterson Tel: 01235 520375
Office Hours: 10.30am-12.30pm Tuesday to Friday
Office Email: abingdon@portsmouthdiocese.org.uk

We live stream all services

Safeguarding Team: Tel. 07572 935 230
Visits at JR Hospital: Priest/Chaplain 01865 221732
Visits and Help: Society of Vincent de Paul Group, contact via Parish Office
Parish Website: www.ourladyandstedmund.org.uk
Primary School: St. Edmund's School, Radley Road, Abingdon, OX14 3PP Tel 521558



Roman Catholic Diocese of Portsmouth Reg. Charity No 246871

www.portsmouthdiocese.org.uk

PRIVATE PRAYER

We are blessed that the church can be open for **private prayer**, on the following days and times:

- ✠ **Tuesdays: 12pm to 1pm**
- ✠ **Fridays: 12pm to 1pm**

MASS BOOKINGS:

On Monday 21st June you can book for Masses from Sunday 27th June to Saturday 3rd July.

PLEASE remember to give as many dates and times when you could attend, and book **on** the Monday – otherwise you may be disappointed. Also be clear on the number of people you are booking for and let us know if you would like to attend more than one Mass during the week.

HOW TO BOOK FOR MASS

No Internet Access?

Phone **07395 946827** EACH MONDAY between 10am and 11am ONLY to book a place for the FOLLOWING week

Have Internet Access?

DON'T phone. Instead, email: contact@ourladyandstedmund.org.uk

EACH MONDAY, to book a place for the FOLLOWING week

CONTINUING THOUGHT....

The Eucharist is perhaps the most wonderful reason for returning to Church and practising our faith. Each time we celebrate Holy Mass, Jesus is made truly present, and we are given the immense privilege of **receiving** Him in Holy Communion. Are we satisfied enough with just food for the flesh? Jesus says that He is the *Living Bread*: "For My flesh is **true** food, and My blood is **true** drink." We all have a longing in our hearts to meet Jesus. Receiving Him in this special way in the Eucharist satisfies our spiritual hunger and helps us to find Him in the other areas of our lives. "He who eats My flesh and drinks My blood abides in Me, and I in him." (ref. John 6:51-56) Come! Let Christ abide in you and you in Him!

12th Week of Ordinary Time (Year B)

Attendance through booking system only, but also available on our live stream

Sunday 20 June

10.15am Mass (Barney McQuaid, RIP)
2.00pm Mass in Polish
6.30pm Mass (Special intention)

Monday 21 June

9am Mass **St Aloysius Gonzaga** (Special intention)

Tuesday 22 June

NO Mass See: www.ourladyandstedmund.org.uk/english-martyrs-vale-of-white-horse for other masses **Ss John Fisher & Thomas More**

Wednesday 23 June

7pm Mass (Special intention)

Thursday 24 June

9.30am Mass **Nativity of St John the Baptist** (Dorothy Carden, RIP 1st anniversary)

Friday 25 June

7pm Mass (Special intention)

Saturday 26 June

12pm Mass (Catenian Association)



SPIRITUAL COMMUNION PRAYER:

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot today receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



THE FIVE 'HOPES' OF BISHOP PHILIP

Bishop Philip says that he has five hopes for our current **Year of the Eucharist**. The Year will run until Christmas 2022, and these are his prayers and aspirations:

1. Let us grow so much in our faith that we always acknowledge Jesus Christ to be really and truly present and active in the Holy Eucharist.
2. Let us see the Mass as the source of our life's activity.
3. Let us practice regularly spending time with Jesus in Eucharistic Adoration.
4. Let us beg the Eucharistic Lord to fill us with His Holy Spirit, sending us out to transform the world in loving mission and service.
5. Let us reach out in welcome to others, those outside the church, the non-practicing and the needy, in order to draw them to Jesus in the Eucharist.



DAY FOR LIFE – COLLECTION ON SUNDAY 20th JUNE

The *Day for Life* is this weekend. This day, inaugurated by St. John Paul II, presents an opportunity to pray for the gift of life from conception to natural death, to raise awareness of the precious gift of life, and to support the work of protecting life in its most vulnerable stages through the annual collection this Sunday. This assists prolife organisations who raise awareness, engage in parliamentary work and pastoral outreach.

On **Wednesday 23rd June**, the Vigil of St John the Baptist, please pray and fast for the end of abortion and euthanasia in this Country. On this month's **Day of Prayer and Fasting for Life**, we are especially asking you to fast and pray for the end of DIY abortions at home. Please join in and invite others to join as well. <https://www.facebook.com/events/121521016724>
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SUPPORTING CHILDREN AND YOUNG PEOPLE

TrinityLearning are planning to restart regular volunteering projects in Abingdon schools. Their **Thinking Books project** involves mentoring young children through shared reading and discussion of carefully chosen books. This project helps children to develop empathy by reflecting on their own and other people's feelings. Their **Kingfisher Singing Group** visit Kingfisher School one morning a week in term-time to sing simple songs and nursery rhymes. They hope to be able to restart both projects from September 2021, with training in the summer term to prepare volunteers.

How can you get involved?

Please pray for *TrinityLearning*, that they might find the right people to support children through these projects. If you are interested in helping with either of these rewarding projects you need to be over 18, willing to volunteer regularly - usually on a weekly basis in term time, preferably have some experience of working with children and be willing to undertake a DBS.

For more information or an informal chat, please contact Nicola at nic.trinitylearning@gmail.com



CHILDREN HEARD AND SEEN

A local charity is looking for unwanted **children and adult wellies and sleeping bags** for a summer camp in Botley in July. "*Children Heard and Seen*" is a local charity set up to support families of prisoners, who are often ostracised, and the children bullied at school. The charity offers a variety of mentoring and support, and the annual camp is an important time for families to get together, make friends and have some fun. If you can contribute either of these items, please ring Clare Simpson on 01235 847804.

PARISH NEWSLETTERS

The delivery of parish newsletters to parishioners without Internet access, by members of the *Catenian Association*, ceases with this issue. We thank them for their work during the pandemic period. Printed issues will become available again in Church from July and will always be available on the *Newsletter* page of our parish website – in the *News* section.

